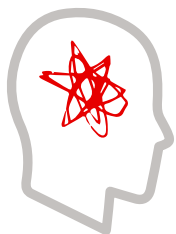

MENTAL HEALTH



Keep up to date and be inspired:

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Also visit the [News](#) page on the Creative Conscience website.

Get in touch

If you have any questions or problems, let us know at: hello@creative-conscience.org.uk

Background

Negative experiences happen in all of our lives: difficulties with work or finances, the breakdown of a relationship, overwhelming family responsibilities, or a significant setback for example. Mental health can affect anyone.

There are many ways we can cope with mental illness: establishing and maintaining relationships, discussing our issues and taking action when possible, however there are stigmas surrounding mental health that we unfortunately need to tackle.

The challenge

How can you use your creative skills to aid those with mental health issues? If your life or the life of those around you has been touched by mental health issues, then use these experiences as possible entry points into the brief and as a means of research to explore potential routes and solutions.

The challenge really is boundless in however you want to approach it, all we ask is that the outcome is optimistic and empowering towards the audience. Let's open up and tackle this issue head on to create some real positive change in the world.

Creative Conscience themes

Your project should fit into at least one of our six impact themes:

- Community
- Education & Learning
- Environment & Sustainability
- Equality & Justice
- Health, Wellbeing & Disability
- War & Crisis

Submission guidance

Entry is open to individuals and teams of up to three people.

Please upload a PDF (15mb or less), or for video entries please include a link to your video in the submission form. Also include at least three key images from your project (at least 800px as either jpeg or png). There is a £10 admin fee for each entry.

Remember to keep your entries clear and concise.

How it'll be judged

If your project is shortlisted, it will be judged based on your creative approach and its potential impact by a panel of industry experts.

Key dates

OPEN NOW

The awards are open to enter on the Creative Conscience website.

APRIL 2018

Deadline for entries.

MAY 2018

Work will be judged by our industry experts.

JUNE 2018

You will be informed if you have won an award.

JULY 2018

The awards ceremony will take place in London.